



Living the Quaker Way: Discover the Hidden Happiness in the Simple Life

By Philip Gulley

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A Publishers Weekly “Top 10 in Religion” selection.

“This is nothing less than the gospel itself...a much-needed book.”
—FR. RICHARD ROHR, OFM, Center for Action and Contemplation,
Albuquerque, New Mexico

Philip Gulley invites us into a bracing encounter with the rich truths of Quakerism—a centuries-old spiritual tradition that provides not only a foundation of faith but also vision for making the world more just, loving, and peaceable by our presence.

In *Living the Quaker Way*, Gulley shows how Quaker values provide real solutions to many of our most pressing contemporary challenges. We not only come to a deeper appreciation of simplicity, peace, integrity, community, and equality, we see how embracing these virtues will radically transform us and our world.

Living the Quaker Way includes a 30-day spiritual practice that applies the Quaker tradition of Queries.

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Editorial Review

From Publishers Weekly

Quakerism has many admirers but considerably fewer adherents. Gulley, a Quaker pastor and much-published author (*The Evolution of Faith*), hopes to reach new members with his newest work, part of the inaugural list of a new imprint aimed at the spiritually curious. He explains central Quaker values and practices—simplicity, peace, integrity, community, and equality—in clear and inviting ways, drawing on Quaker history to provide context and illustration of the distinctive ways of the Religious Society of Friends (another name for Quakers). He also draws on his own life, acknowledging shortcomings in ways that disarm and attest to the Quaker value of integrity of speech. The set of queries at the book's end is extremely helpful; queries are spiritual tools for self-examination and reflection that can give readers a small taste of the faith. The author goes light on his trademark charming humor, which is unfortunate; religion goes down easier when preached with a smile. Still, Gulley might make nightstand Friends—people who flirt with Quakerism, reading about it before going to sleep. (Sept.)

From [Booklist](#)

"I took a test on the Internet," a newcomer told Quaker pastor Gulley, "and it told me I'd be happy as a Quaker." Others saying much the same thing reconfirmed Gulley in his "long-held suspicion" that more people are philosophically Quaker than ever join a Quaker meeting. They are attracted by the Quaker way of life, which is best expressed in the basic Quaker testimonies of simplicity, peace, integrity, community, and equality. Gulley devotes a chapter to each testimony—a persuasive homily delivered by a very personable minister—and considers the contemporary appeal of the Quaker understanding of the particular testimony being discussed. His aim throughout is not "for you to seek out the nearest Quaker meeting" but to help others "embrace these values . . . so that our world might be transformed." In conclusion, he offers a month's worth of daily queries—examples of the kinds of questions Quakers use to guide themselves in living out the testimonies—for readers' reflection should they chose to take the Quaker way. --Ray Olson

Review

Praise for *Living the Quaker Way*

"Anybody who has ever thought that the Quakers invented oatmeal will learn differently from *Living the Quaker Way* by Indiana pastor and highly readable author Philip Gulley. He describes the values of the Quaker way: simplicity, peace, integrity, community, and equality. Gulley is published by the new Random House imprint Convergent, which aims at people in the growing ranks of the spiritually curious but religiously unaffiliated."

—*Publishers Weekly Top 10 in Religion, Fall 2013*

"Ever since I 'discovered' Quakerism, I've wondered why Quakers are so quiet about their core values—simplicity, peace, integrity, community, and equality—in a world that so clearly needs them. So I was thrilled to find this book by Phil Gulley, a great Quaker writer, aimed at making those values more accessible. Gulley makes no effort to convince the reader to become a Quaker. He simply says, 'If you've been looking for ways to live out these values, here's what Quakers have learned over three and a half centuries of dedicated experimentation.' His book is a treasure trove of practical wisdom about what it means to bear witness to our hope for a better world."

—*Parker Palmer, author of *Healing the Heart of Democracy*, *Let Your Life Speak*, and *The Courage to Teach**

“Living the Quaker Way is not only refreshing and inspiring, it is challenging in all the right ways. Even though I am not a Quaker, their core values challenge my real life as well as the life of the faith community that I pastor. Filled with honest stories, deep wisdom, and realistic practices, Living the Quaker Way will leave you not only longing to live differently but also with practical ways to do just that.”

—Kathy Escobar, co-pastor of The Refuge, faith blogger, and author of Down We Go: Living Into the Wild Ways of Jesus

“This is nothing less than the gospel itself. Quakers have always had the ability to simplify and get to the point, and here it is! I am most happy to add my very positive endorsement to this excellent, clear, and much-needed book.”

—Fr. Richard Rohr, OFM, Center for Action and Contemplation, Albuquerque, New Mexico

Praise for Phil Gulley

“Philip Gulley separates wheat from chaff, experience from explanation, and purpose from function in this book. He calls the Jesus message into a new vision—one that has both power and integrity.”

—John Shelby Spong, former bishop of the Episcopal Diocese of Newark and author of The Sins of Scripture

“No one raises provocative questions about Christianity more kindly than Philip Gulley.”

—Diana Butler Bass, author of Christianity After Religion and A People’s History of Christianity

“In our ever changing world, Gulley’s book is much needed. An important book for any person of faith.”

—Archbishop Desmond Tutu

“The verve and clarity of Gulley’s writing underscore the welcome nature of his message to many thoughtful unchurched or alienated Christians.”

—Library Journal

Users Review

From reader reviews:

Randy Garrison:

What do you in relation to book? It is not important along with you? Or just adding material when you want something to explain what you problem? How about your free time? Or are you busy man? If you don't have spare time to perform others business, it is gives you the sense of being bored faster. And you have extra time? What did you do? Everybody has many questions above. They must answer that question due to the fact just their can do which. It said that about publication. Book is familiar in each person. Yes, it is right. Because start from on jardín de infancia until university need this particular Living the Quaker Way: Discover the Hidden Happiness in the Simple Life to read.

Duane Sills:

As people who live in typically the modest era should be update about what going on or info even knowledge to make them keep up with the era which can be always change and move forward. Some of you maybe may

update themselves by reading through books. It is a good choice in your case but the problems coming to a person is you don't know what type you should start with. This *Living the Quaker Way: Discover the Hidden Happiness in the Simple Life* is our recommendation to make you keep up with the world. Why, as this book serves what you want and wish in this era.

Robert Fox:

As we know that book is significant thing to add our understanding for everything. By a guide we can know everything we wish. A book is a list of written, printed, illustrated or maybe blank sheet. Every year has been exactly added. This publication *Living the Quaker Way: Discover the Hidden Happiness in the Simple Life* was filled regarding science. Spend your spare time to add your knowledge about your technology competence. Some people has diverse feel when they reading some sort of book. If you know how big good thing about a book, you can truly feel enjoy to read a publication. In the modern era like right now, many ways to get book that you simply wanted.

Gilbert Phillips:

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