



# Supervision of Sandplay Therapy

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*Supervision of Sandplay Therapy*, the first book on this subject, is an internationally-based volume that describes the state of the art in supervision of sandplay therapy. Recognizing that practitioners are eager to incorporate sandplay therapy into their practice, Harriet Friedman and Rie Rogers Mitchell respond to the need for new information, and successfully translate the theories of sandplay therapy into supervision practice.

The book provides a meaningful connection and balance between theoretical principles, practical application, and ongoing therapeutic encounter involved in sandplay. Divided into six sections, contributors cover:

- original supervision models
- contemporary supervision models
- special challenges in supervision
- international sandplay supervision
- supervision of special groups
- connections with other arts therapies.

*Supervision of Sandplay Therapy* expands the vision of what is possible in supervision and will be vital reading for those studying supervision and sandplay therapy, as well as for those wanting to provide a depth-oriented approach during supervision.

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## Supervision of Sandplay Therapy From Routledge Bibliography

- Sales Rank: #2861305 in Books
- Published on: 2007-07-22
- Released on: 2007-07-20
- Original language: English
- Number of items: 1
- Dimensions: 9.21" h x .56" w x 6.14" l, .86 pounds
- Binding: Paperback
- 248 pages

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## Editorial Review

### Review

*"This splendid series breaks new ground in its depth, breadth and scope, guided by Joy Schaverien's recognition that the time is right for a comprehensive, multi-faceted study of supervision in the arts psychotherapies. With each volume, the reader is invited to imagine, explore, and reflect on the expressive qualities of a particular art form in clinical supervision, turning special attention to art, music, dance, drama, and sandplay through contributions by leading experts from different parts of the world. These five volumes will make a lasting contribution as essential reading for supervisors and supervisees across the psychotherapies. The series also contributes toward a deeper understanding of the mentor-student relationship and the healing power of the arts."* - **Joan Chodorow, Jungian analyst and former President of the American Dance Therapy Association, USA**

*"This new series of Supervision in the Arts Therapies is both timely and necessary. Now that all the arts therapies are established as State Registered professions in their own right, there is a lack of resources which can support both the more advanced practitioner and the student. The writers of these individual titles are leaders in their respective fields both as researchers and practitioners. These publications make very important and innovative steps, and should be read by everyone in related fields of work."* - **Dr Sue Jennings, Consultant Dramatherapist and Supervisor**

*"Each volume will not only communicate across the arts therapies but also to colleagues in other psychotherapies and health professions, to our mutual benefit."* - **Diane Waller, Goldsmiths College University of London, President of the British Association of Art Therapists, UK**

*"Supervision of Sandplay Therapy is invaluable in terms of exploration the expansion of the use of sandplay in a rapidly changing world....This book is an essential addition to libraries of sandplay supervisors."* - **Lydia S. Lennihan**, associate member of Sandplay Therapist of America in *Journal of Sandplay Therapy* - Volume XVII, Number 1, 2008

### About the Author

**Harriet S. Friedman**, Jungian analyst, is a founding member of Sandplay Therapists of America, and former board member of the International Society of Sandplay Therapists. She co-authored (with Rie) *Sandplay: Past, Present and Future* (Routledge, 1994).

**Rie Rogers Mitchell** is professor of educational psychology and counseling at California State University, Northridge. She is a certified sandplay therapist and teacher, vice president of the International Society of Sandplay Therapy, and co-president of Sandplay Therapists of America.

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