



Rapid Orthopedic Diagnosis

By Seyed Behrooz Mostofi

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It is indeed a pleasure to write the foreword to this useful book which describes the most commonly used orthopedic clinical diagnostic tests to assist a wide audience within the medical world. The organization of this book is easy to follow and logical. Each chapter begins with the patient's initial presentation, which is followed by an outline of the need to take account of specific variables in arriving at a differential diagnosis. The author underlines the importance of using the patient's own account as a valuable tool in reaching a diagnosis. Essential anatomy is included throughout the book. For ease of reference, all the chapters are similarly structured. Its style is simple and uncluttered, offering a step-by-step approach and avoiding overlong explanations. All in all, this book fulfills the criteria of a reference book, a practical guide, and a succinct aide-memoire for those preparing for exams. It is truly a text for everyone who must conduct orthopedic examinations, including medical students, general practitioners, and orthopedic residents. It is an outstanding contribution to the orthopedic literature.

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Editorial Review

Review

From the reviews:

"This book sets out the salient points of the history and the physical examination that assist physicians in arriving at an orthopedic diagnosis. ... It is especially appropriate for medical students, interns, or junior residents." (Samuel J. Chmell, Doody's Review Services, February, 2009)

From the Back Cover

The latter half of the twentieth century witnessed an explosion in our knowledge and understanding of all aspects of disease. Accompanying this has been the increasing reliance of clinicians on more and more complex imaging modalities and laboratory tests. However, the fundamental skills of history taking and clinical examination remain the most important tools in reaching a clinically relevant diagnosis and especially in orthopedics. This book aims to nurture the age-old skills of listening, observation and examination by demonstrating their invaluable application in modern medical orthopedic practice.

Rapid Orthopedic Diagnosis will be useful for all involved in the care of orthopedic patients, for medical students in emphasizing the most salient features of common presentations, for general practitioners in providing clear and concise information on which to base daily practice and for residents as a ready reference for day to day use and professional examinations.

About the Author

Seyed Behrooz Mostofi, BSc, MBBS, MS (Orth), FRCS (Orth) is Senior Specialist Registrar in Orthopaedics in South Thames Deanery, UK. He is currently based at William Harvey Hospital, Ashford, Kent, UK. He is also the author of several other books in replacement systems and other areas in Orthopaedics. Two of his titles have been published by Springer: 'Who's Who in Orthopedics' and 'Fracture Classifications in Clinical Practice.'

Dr Mostofi has taught the elements of the clinical examination to medical students and doctors taking the FRCS, MRCS and FRCS (Orth) examination over the past few years, enabling him to organise his thinking and refine his teaching methods. As an examiner, he also had the opportunity to test the ability of the candidates and find out the missing areas. The method is broadly based on time tested Apley's system (Look, feel, move, special tests) in a specific, simplified, informative and target based way.

Users Review

From reader reviews:

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Kenneth Armstrong:

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