



Forgiveness: A Bold Choice for a Peaceful Heart

By Robin Casarjian

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Drawing on the philosophy of *A Course in Miracles*, Casarjian gives a new and surprising definition of forgiveness and provides original exercises and meditations that acknowledge our hurt even as they lead us beyond it. The book explores special cases involving family members, crime victims, self-forgiveness, and forgiveness of God.

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Editorial Review

About the Author

Casarjian is founder/director of the National Emotional Literacy Project for Prisoners.

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