



Nanny 911: Expert Advice for All Your Parenting Emergencies

By Deborah Carroll, Stella Reid

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Regain control of your children with simple, direct, nanny-tested measures!

Is your life chaotic? Are your kids running the show? Do you feel like you're more of a zookeeper than a parent?

Take heart, America. When your family's in trouble, *Nanny 911* is there on the double. Because brats are not born, they're made. No one knows that better than Deborah Carroll and Stella Reid—Nanny Deb and Nanny Stella—the stars of the overnight hit television show on the Fox network. Each week, up to ten million viewers tune in to see the nannies take charge and transform one family's utter chaos into serenity. No matter how loud the tantrums or how clueless the parents, Nanny Deb and Nanny Stella help them become the families they always wanted to be.

Now the nannies share their remarkable wisdom with millions of overwhelmed parents desperate for foolproof parenting advice at their fingertips. They'll show that parents need to change their behavior first—because when there are no consequences for naughty behavior, kids quickly realize there's no reason for the naughtiness to stop. And when mom and dad just don't know what to do, the kids take over. You'll learn how to confront problems head-on, with firm but loving discipline, effective communication, and the implementation of clear House Rules.

Nanny 911 is the perfect sourcebook for dealing with everyday problems that have escalated to levels that are out of control.

For parenting emergencies call 911. *Nanny 911*, that is.

With a Foreword by Head Nanny Lilian Sperling



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Editorial Review

About the Author

Deborah Carroll was born in Bangor, Wales, and grew up in Holyhead, Wales. She has lived and worked in Los Angeles for more than a decade.

Stella Reid was raised in Burnley, in Northern England. She has been working as a nanny in the United States for fifteen years.

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