



## Fill These Hearts: God, Sex, and the Universal Longing

By Christopher West

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**Fill These Hearts: God, Sex, and the Universal Longing** By Christopher West

**The bestselling author, speaker, and teacher of John Paul II's Theology of the Body explores the yearning we all have for God and each other.**

*Fill These Hearts* is a book about *desire*. Not trivial wants or superficial cravings, but the most vital powers of body and soul, sexuality and spirituality, that haunt us and compel us on our search for *something*. Weaving life-altering lessons together from classical and contemporary art, pop music, movies, and the Christian mystical tradition, popular theologian Christopher West explores the ancient but largely forgotten idea that the restless, erotic yearnings we feel in both our bodies and our spirits reveal the cry of our hearts for God. Along the way, West blows the lid off the idea of Christianity as a repressive, anti-sex religion by demonstrating that Christ came to stretch and inflame our desire for love and union to the point of infinity.

*From the Hardcover edition.*

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### Editorial Review

#### Review

"Well done! Christopher West has done a masterful job of confronting the inherent dualism lurking in much of modern Western theology, exposing the deepest longings of the human soul as an authentic yearning for union with God."

—Wm. Paul Young, author of *The Shack* and *Cross Roads*

"*Fill These Hearts* is a cultural balm. Christopher West writes with great love, of great love, drawing readers into His Sacred Heart."

—Kathryn Jean Lopez, nationally syndicated columnist and editor-at-large, *National Review*

"Christopher West has a great gift for theological exploration. In this book he weaves lessons from classical and contemporary art, pop music, movies and the Christian mystical tradition to explore the ancient idea that the yearnings we feel in our bodies and spirits reveal the cry of our hearts for God."

—Nicky Gumbel, vicar and bestselling author of *Questions of Life*

"Drawing deeply from the well of the Theology of the Body, Christopher West explains that the Faith is not simply about following a code of conduct but about *Beauty*. The beauty of the human body, the beauty of our culture and the beauty of the whole cosmos are all a reflection of this same Beauty. This is the mystery that needs to be proclaimed joyfully for all to hear for it holds the key to joy in this life and the next, for each of us. Above all, West writes with this joy."

—David Clayton, Artist in Residence and Fellow at Thomas More College

"Christopher West is a gifted and effective evangelist with a passion for tackling one of the greatest obstacles to belief today: the heresy that Christianity is a joyless, rule-bound religion. Not so, argues West, in this timely, powerful book. Drawing upon Scripture, the saints and the glimmers of truth in pop culture, West reminds us that Christianity is essentially a love story, and Christian sexual ethics exist to help us fulfill, not repress, our deepest desires. For anyone who has ever doubted that Christ's call to purity of heart is good news, *Fill These Hearts* will prove a surprising and consoling read, one with the potential to change your life as well as your mind."

—Colleen Carroll Campbell, author of *My Sisters the Saints: A Spiritual Memoir*

"In *Fill These Hearts*, Christopher West explains the nature of desire, freedom, and love, including erotic love. He does so as a believing Catholic, yes. But if you come to this book with the typical prejudices aimed at what Catholics believe about these things, you are likely to be shaken to your very core. Be warned: this book is unlike any other you've ever read. It holds up the spirit of our age – as expressed in modern, presumed "secular" idioms like rock 'n' roll and popular movies – and places it under the searchlight of the most fundamental understandings of human nature. What emerges is a book that is as knowing about the modern world as it is about the teachings of Christ and the mystic-saints who have followed him throughout the ages. In fact, West brings these phenomena together in a way that has never been done before, and does so without a false note on either score."

—John Waters, columnist, *The Irish Times* and author of *Lapsed Agnostic*

## About the Author

CHRISTOPHER WEST is a research fellow and faculty member of the Theology of the Body Institute. He is also one of the most sought after speakers in the Church today, having delivered more than 1,000 public lectures on four continents, in more than a dozen countries, and in over 200 American cities. His books--Good News About Sex & Marriage; Theology of the Body Explained; and Theology of the Body for Beginners--have become Catholic bestsellers.

## Users Review

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#### Edward Rideout:

Book is to be different for each and every grade. Book for children right up until adult are different content. As you may know that book is very important for all of us. The book Fill These Hearts: God, Sex, and the Universal Longing was making you to know about other information and of course you can take more information. It is rather advantages for you. The book Fill These Hearts: God, Sex, and the Universal Longing is not only giving you far more new information but also to become your friend when you sense bored. You can spend your own spend time to read your guide. Try to make relationship together with the book Fill These Hearts: God, Sex, and the Universal Longing. You never sense lose out for everything if you read some books.

#### Joyce McDonald:

As people who live in the actual modest era should be change about what going on or information even knowledge to make them keep up with the era that is certainly always change and progress. Some of you maybe can update themselves by looking at books. It is a good choice in your case but the problems coming to a person is you don't know what type you should start with. This Fill These Hearts: God, Sex, and the Universal Longing is our recommendation to cause you to keep up with the world. Why, because this book serves what you want and want in this era.

#### Tommy Heckman:

This Fill These Hearts: God, Sex, and the Universal Longing is great publication for you because the content which is full of information for you who also always deal with world and still have to make decision every minute. This book reveal it info accurately using great coordinate word or we can say no rambling sentences inside it. So if you are read the item hurriedly you can have whole details in it. Doesn't mean it only provides you with straight forward sentences but tough core information with wonderful delivering sentences. Having Fill These Hearts: God, Sex, and the Universal Longing in your hand like getting the world in your arm, facts in it is not ridiculous one particular. We can say that no book that offer you world within ten or fifteen moment right but this guide already do that. So , this is certainly good reading book. Hello Mr. and Mrs. stressful do you still doubt that will?

**Tom Carter:**

Many people spending their moment by playing outside along with friends, fun activity together with family or just watching TV all day every day. You can have new activity to shell out your whole day by examining a book. Ugh, you think reading a book can actually hard because you have to use the book everywhere? It alright you can have the e-book, getting everywhere you want in your Mobile phone. Like Fill These Hearts: God, Sex, and the Universal Longing which is finding the e-book version. So , try out this book? Let's view.

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