



# Biomechanics In Judo: Analysis of Ippon-seoi-nage technique

*By Dharmendra Narwaria, Pardeep Kumar, Arun Singh Rathore*

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#### **About the Author**

Mr. Dharmendra Narwaria is presently pursuing doctorate degree from LNUPE, Gwalior (India). He has obtained B.P.Ed and M.P.Ed from the same University and cleared Junior Research Fellowship exam conducted by UGC in India. His areas of interest includes sports bio-mechanics, sports training and fitness.

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