



Guardrails Participant's Guide: Avoiding Regrets in Your Life

By Andy Stanley

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In this six-session small group Bible study (DVD/digital video sold separately), Andy Stanley challenges us to stop flirting with disaster and establish personal guardrails.

Guardrails. They're everywhere, but they don't really get much attention ... until somebody hits one. And then, more often than not, it is a lifesaver.

Ever wonder what it would be like to have guardrails in other areas of your life—areas where culture baits you to the edge of disaster and then chastises you when you step across the line? Your friendships. Your finances. Your marriage. Maybe your greatest regret could have been avoided if you had established guardrails. In this six-session video-based small group bible study, Andy Stanley challenges us to stop flirting with disaster and establish some personal guardrails.

Sessions include:

1. Direct and Protect (20:00)
2. Why Can't We Be Friends? (18:30)
3. Flee Baby Flee! (21:30)
4. Me and the Mrs. (15:00)
5. The Consumption Assumption (19:00)
6. Once and for All (17:30)

Designed for use with the *Guardrails Video Study* (sold separately).

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Editorial Review

About the Author

Communicator, author, and pastor Andy Stanley founded Atlanta-based North Point Ministries in 1995. Today, NPM consists of six churches in the Atlanta area and a network of more than 50 churches around the globe that collectively serve nearly 90,000 people weekly. As host of *Your Move with Andy Stanley*, which delivers over six million messages each month through television and podcasts, and author of more than 20 books, including *The New Rules for Love, Sex & Dating*; *Ask It; How to Be Rich; Deep & Wide*; *Visioneering*; and *Next Generation Leader*, he is considered one of the most influential pastors in America. Andy and his wife, Sandra, have three grown children and live near Atlanta.

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