



Calling in "The One": 7 Weeks to Attract the Love of Your Life

By Katherine Woodward Thomas

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Are you frustrated by stymied relationships, missed connections, and the loneliness of the search for someone to spend the rest of your life with? Are you ready, instead, to find "The One"? In **Calling in "The One,"** Katherine Woodward Thomas shares her own personal experience to show women that in order to find the relationship that will last a lifetime, you have to be truly open and ready to create a loving, committed, romantic union. **Calling in "The One"** shows you how.

Based on the Law of Attraction, which is the concept that we can only attract what we're ready to receive, the provocative yet simple seven-week program in **Calling in "The One"** prepares you to bring forth the love you seek. For each of the 49 days of Thomas's thoughtful and life-affirming plan, there is a daily lesson, a corresponding practice, and instruction for putting that lesson into action in your life. Meditation, visualization, and journaling exercises will gently lead you to recognize the obstacles on your path to love and provide ways to steer around them. At the end of those 49 days, you will be in the ideal emotional state to go out into the world and find "The One."

An inspirational approach that offers a radical new philosophy on relationships, **Calling in "The One"** is your guide to finding the love you seek.

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Editorial Review

From Publishers Weekly

Psychotherapist Thomas's warm-hearted "course" for the lovelorn focuses on internal change rather than a quest for "the One," because, she says, "There is a huge chasm between wanting to find your ideal partner and being truly available... when he or she appears." Each of the seven weeks centers on a theme, including preparing to let love into one's life, letting go of childhood wounds and loving oneself. Thomas reinforces her lessons with standard self-help techniques, particularly meditation and journaling. Her feel-good-about-yourself message gets much of its thrust from a Christian perspective, though a healthy dose of Buddhism and Eastern religious traditions spices things up. Atheists should be able to navigate the course as effectively as believers, she says, though her many references to God's role in realizing one's romantic goals may disprove this. But Julia Cameron's *The Artist's Way* (to which this bears a resemblance in format) helped countless struggling artists, and this volume may do the same for the lonely. Certainly meditation, discipline and self-acceptance are noble pursuits whether or not "the One" comes knocking, and Thomas's belief that love will find you once you find love is so unwavering that it's almost impossible not to be convinced.

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Review

"A wonderful book for all those seeking to bring a deep and magical love into their lives." -- *Marianne Williamson*

"For those prepared to call a great love into their lives, this wise guide's 'The One' to read." -- *Debbie Ford*

From the Inside Flap

Are you frustrated by stymied relationships, missed connections, and the loneliness of the search for someone to spend the rest of your life with? Are you ready, instead, to find "The One"? In *Calling in "The One,"* Katherine Woodward Thomas shares her own personal experience to show women that in order to find the relationship that will last a lifetime, you have to be truly open and ready to create a loving, committed, romantic union. *Calling in "The One"* shows you how.

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Users Review

From reader reviews:

Edward Florez:

The book *Calling in "The One": 7 Weeks to Attract the Love of Your Life* gives you the sense of being enjoy

for your spare time. You can utilize to make your capable far more increase. Book can to get your best friend when you getting stress or having big problem with your subject. If you can make looking at a book Calling in "The One": 7 Weeks to Attract the Love of Your Life to be your habit, you can get much more advantages, like add your capable, increase your knowledge about some or all subjects. It is possible to know everything if you like open and read a publication Calling in "The One": 7 Weeks to Attract the Love of Your Life. Kinds of book are a lot of. It means that, science publication or encyclopedia or some others. So , how do you think about this guide?

Juan Turgeon:

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Paula Shepard:

Calling in "The One": 7 Weeks to Attract the Love of Your Life can be one of your nice books that are good idea. Many of us recommend that straight away because this publication has good vocabulary that can increase your knowledge in words, easy to understand, bit entertaining but still delivering the information. The article author giving his/her effort to set every word into enjoyment arrangement in writing Calling in "The One": 7 Weeks to Attract the Love of Your Life yet doesn't forget the main place, giving the reader the hottest along with based confirm resource facts that maybe you can be considered one of it. This great information could drawn you into brand-new stage of crucial considering.

Terry Klatt:

That reserve can make you to feel relax. This kind of book Calling in "The One": 7 Weeks to Attract the Love of Your Life was colorful and of course has pictures around. As we know that book Calling in "The One": 7 Weeks to Attract the Love of Your Life has many kinds or genre. Start from kids until teens. For example Naruto or Investigator Conan you can read and believe that you are the character on there. Therefore , not at all of book tend to be make you bored, any it can make you feel happy, fun and unwind. Try to choose the best book in your case and try to like reading that will.

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