



# The Sacred Promise: How Science Is Discovering Spirit's Collaboration with Us in Our Daily Lives

By Gary E. Schwartz Ph.D.

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*Sacred Promise* brings us into the laboratory of scientist Dr. Gary Schwartz, where he establishes the existence of Spirit by its own Willful Intent—a proof of concept for deceased spirits. The author takes readers on a personal journey into the world of angels and spirits and reveals their existence and desire to help.

Dr. Schwartz candidly discusses the challenges as well as the rewards of connecting with Spirit. He poses several important questions. What if our feelings of emptiness, loneliness, hopelessness, and meaninglessness are actually fostered by our belief in a “spiritless” Universe? What if our physical hunger is symptomatic of a greater spiritual hunger? What if Spirit is actually all around us, ready to fill us with energy, hope, and direction, if we are ready to ingest it? What if Spirit is like air and water, readily available for us to draw within; that is, if we choose to seek it?

*Sacred Promise* shows how we can attune ourselves and receive this guidance from Spirit, which is all scientifically documented by Dr. Schwartz experiments and research. Prepare to suspend your beliefs about Spirit.

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### Editorial Review

#### Review

“Gary Schwartz has been on a remarkable journey throughout his lifetime. His body of work is inspirational to me because his passion to bring science and spirit together is dominated by an empirical doctrine that is unimpeachable. His latest research as recounted in [*The Sacred Promise*] is likely to impress even the most diehard skeptic. I am proud to recommend this book and to heap as much praise as possible upon my friend, Gary Schwartz.”

—Kelsey Grammer

“*Sacred Promise* is elegant, rigorous, and groundbreaking—research science at its most innovative. Gary Schwartz’s exposition of ideas interfacing theory, paradigm, method, and anecdotes shows academia at its best.”

—Dr. Lisa Miller, Associate Professor of Psychology, Columbia University, editor of the Oxford University Press Handbook of Psychology and Spirituality, and co-host of the TV show *Psychic Kids*

“For more than two decades I have had the privilege of working with Gary Schwartz. He has amazed me not only with his insights and hard scientific approach, but also his willingness to explore and then share his findings on very controversial topics. Even if you do not believe in the premises of *The Sacred Promise*, your intellect and heart will be teased enough so that you just might open your mind and start to believe that all this, and more, is possible.”

—Jerry Cohen, CEO, Canyon Ranch

“Postmortem survival has long been a taboo topic in scientific circles. Gary Schwartz had ingenuity and a pioneering spirit to go deeply into this area and not be afraid of what he found. This book shares both his major findings as a scientist and his personal growth and changes during that search. You’ll be fascinated by this book!”

—Charles T. Tart, PhD, author of *Altered States of Consciousness*, *Transpersonal Psychologies*, and *The End of Materialism*

#### About the Author

**Gary E. Schwartz**, Ph.D., is a professor of psychology, medicine, neurology, psychiatry, and surgery at the University of Arizona and director of its Laboratory for Advances in Consciousness and Health. After receiving his doctorate from Harvard University, he served as professor of psychology and psychiatry at Yale University, director of the Yale Psychophysiology Center, and co-director of the Yale Behavioral Medicine Clinic, before moving to Arizona in 1988. He has published more than four hundred scientific papers and coedited eleven academic books. He is the author of *The Afterlife Experiments* and *The Truth About Medium* and coauthor of *The Living Energy Universe*.

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**Leslie Bergeron:**

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**Kevin Caputo:**

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