



# The Bach Remedies Workbook: A Study Course in the Bach Flower Remedies

*By Stefan Ball*

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## **The Bach Remedies Workbook: A Study Course in the Bach Flower Remedies** By Stefan Ball

Here is a complete, self-contained course in the selection and use of the Bach Flower Remedies. The course begins with first principles, then in seven progressive sections covers all 38 of the remedies and their uses.

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