



The Crystal Healer: Crystal prescriptions that will change your life forever

By Philip Permutt

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Crystal therapy has long been used as a gentle system of holistic healing. By drawing on the unique qualities of crystals such as quartz and amethyst, you can balance the energy fields around your body, home and office to bring well-being, and gain health benefits. Crystals can help soothe emotional problems such as anxiety, mood swings, or shyness, as well as physical symptoms such as migraines and allergies. In addition, crystals can act as natural energy boosters and aid in detoxifying our systems. With crystal remedies for more than 250 common ailments and a directory of 250 crystals, as well as detailed explanations of the most effective healing methods, this book is the ultimate guide to healing with crystals. Illustrated with color photographs, and supplemented with practical exercises and case studies, *The Crystal Healer* is the ultimate practical reference from a highly respected healer and teacher.

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Review

Major features and reviews to include The Daily Express, Spirit and Destiny, Prediction, Fate & Fortune. Author promotion through workshops and radio.

About the Author

Philip Permutt (www.thecrystalhealer.co.uk) is the author of several books, including *The Little Pocket Book of Crystal Tips & Cures*, *The Little Pocket Book of Crystal Chakra Healing*, *The Complete Guide to Crystal Chakra Healing*, and *The Crystal Tarot*, all published by CICO Books. He also writes a regular magazine column for *Fate & Fortune* magazine, as well as contributing to other magazines. Philip discovered crystals almost 25 years ago, after a severe illness, and has been practicing as a crystal healer and teacher ever since. He owns a successful retail and wholesale business importing crystals from around the world, runs crystal courses and workshops, and has lectured on crystal healing and pain relief as a visiting lecturer at the University of Hertfordshire. He also has an honors degree in Applied Biology and has recorded several meditation and workshop albums (Paradise Music). He lives in Hertfordshire, UK, with his wife, Lyn.

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