



A Practical Guide to Crisis Intervention

By Alan Cavaola, Joseph E. Colford

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Designed for students in counseling, psychology, social work, and human services, as well as crisis workers in-training, this text combines a general introduction to crisis theory and intervention with practical strategies for counseling crisis victims. The L-A-P-C model--a simple yet effective set of intervention techniques applicable to any type of crisis situation by crisis workers at any level of experience, is introduced in Chapter 2. Characteristics of effective crisis counseling and an overview of other theoretical intervention models are also presented throughout the text.

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1. Understanding Crisis Defining Crisis Types of Crises Crisis Reactions: A Continuum of Response Multicultural Awareness and Crisis Intervention 2. Crisis Intervention Skills Responses to Crisis Characteristics of Effective Crisis Intervention Characteristics of Effective Crisis Counselors Crisis Intervention Techniques: The LAPC Model 3. Child Abuse and Neglect Definitional Issues Incidence of Child Abuse and Neglect Factors Contributing to Child Abuse and Neglect Types of Abuse Symptoms and Warning Signs Psychological and Behavioral Consequences of Abuse Reporting Suspected Abuse Intervening After a Report of Abuse 4. Intimate Partner Violence and Domestic Violence Scope of the Problem Multicultural Considerations Crisis Intervention Intervening with Domestic Violence Cases 5. Alcohol and Drug Crises The Scope of Drug and Alcohol Problems Defining Substance Use Disorders: Diagnostic Issues Crisis Intervention and Case Management Treatment Options 6. Threats of Suicide, Homicide, and Other Violent Acts Suicidal Crises Homicidal and Violent Crises Issues of Confidentiality and Duty to Warn 7. Rape and Sexual Assault Definitional Issues Incidence of Rape and Sexual Assault Why Men Rape The Aftermath of Rape Treatment and Intervention 8. Loss and Bereavement Defining Grief and Crises of Bereavement Determinants of Grief Reactions The Grieving Process Crisis Intervention in Bereavement and Loss Grief and Divorce 9. Crisis Intervention in the Schools: When Teamwork Counts Defining School Crises Crises in Our Schools Today: Causal Factors National and Community Responses to School Crises A Model of Crisis Intervention for the Schools Applying the Model: Prevention Applying the Model: Secondary Prevention (Intervention) Applying the Model: Tertiary Prevention (Postvention) 10. Community Responses to Crisis A Light Among the Rubble Volunteers: Grassroots Response to Crisis Crisis Services of Volunteer Organizations Governmental Crisis Services Crisis Services of Professional Organizations Crisis Intervention with Groups

About the Author

Dr. Cavaiola is an Associate Professor in the Department of Psychological Counseling at Monmouth University West Long Branch, New Jersey. He began doing crisis intervention work 1975 while working in the outpatient mental health services at Monmouth Medical Center. He later went on to become Clinical Director of the substance abuse treatment programs at Monmouth Medical Center. Dr. Cavaiola has published extensively in the field of addictions and has presented at many national and international conferences. Dr. Cavaiola has co-authored three books: *Toxic Co-workers* (which has been translated into six languages), *Assessment and Treatment of the DWI Offender*, and more recently a textbook entitled, *A Practical Guide to Crisis Intervention* published by Lahaska Press (now Brooks/Cole, Cengage Learning). In addition to his teaching, Dr. Cavaiola is a Licensed Psychologist, a Licensed Clinical Alcohol/Drug Counselor, a Licensed Professional Counselor and a New Jersey certified Disaster Response Crisis Counselor. Dr. Cavaiola has a private practice in Fair Haven, NJ.

Joseph E. Colford, Ph.D. is an associate professor in the Psychology Department of Georgian Court University in Lakewood, New Jersey, and is the Director of the Graduate Program in School Psychology. He has had extensive experience in public education as a school psychologist, in private practice, and in higher education as associate professor. His experiences in working with school-age children in the aftermath of a variety of crisis types lead to his collaboration with Dr. Cavaiola in this casebook and in their earlier work, *A Practical Guide to Crisis Intervention* (Brooks/Cole, Cengage Learning). Dr. Colford also created a graduate-level course, *School Crisis Prevention and Intervention*, for his program, incorporating sound practices for crisis prevention and for crisis intervention with children, adolescents, their schools and families. The

political and social landscape of the 21st century convinced him that such a casebook was important for mental health professionals who work in a variety of settings.

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