



The Total Bowhunting Manual (Field & Stream)

By Scott Bestul, Dave Hurteau

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From *Field & Stream* magazine's bow-hunting experts and the authors of the *Total Deer Hunter Manual*, comes the book that demystifies everything about bowhunting. From crossbows to high-tech compound bows to an old-fashioned recurve find it all, accompanied by tactics for every animal that can be bow-hunted, in *The Total Bowhunting Manual*. With high-quality design, intricate detail, and a durable flexicover—this manual is the perfect gift!

America's best hunting guides bring you 261 field-tested tips, tricks and skills from decades of experience:

SHOOT BETTER With detailed exercises and advice for every kind of bow, this book takes you out on the archery range, into the woods, and onto the water with specialized drills and exercises.

GET THE GEAR Bowhunting is a gear-heavy sport, and improvements are being made almost every day, but you need to find the right type, size and fit. Whether you want to hunt like Robin Hood or Katniss with historic gear or take to the trees with a high-tech, carbon fiber compound bow with all the accessories, these authors detail what you need.

BRING HOME A TROPHY When people think "bow hunting" they think of deer but any animal that you can hunt, can be hunted with a bow. Find tips for taking down alligators, moose, birds, bears, caribou, turkey, fish and more; all the expert advice you need to go home with a trophy, not an excuse.

Whether you're preparing for trip of a lifetime or just want to extend your season and improve your technique, this is the book you need.

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Editorial Review

About the Author

Scott Bestul is a Field Editor for *Field & Stream* and has been with the magazine since 1993. The author of three books, including *The Total Deer Hunter Manual* and a widely published freelance writer, Bestul has bow-hunted animals of every sort across the US and Canada. The Wisconsin native now makes his home in the rugged bluff country of southeastern Minnesota with his wife Shari and teenage twins Brooke and Bailey.

Dave Hurteau is a Senior Editor for *Field & Stream* magazine, specializing in bow hunting. He is the co-author of *The Total Deer Hunter Manual* and contributed *The Total Fishing Manual* and *Total Gun Manual*. He lives in upstate New York with his wife and two sons, and hunts as often as he can.

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TIP 125: TRY A COMPOUND CROSSBOW

Crossbow makers took the same design concepts used in compound bows and applied them to the crossbow. This style of crossbow is the most popular on the market right now.

ADVANTAGES

EFFICIENCY Thanks to their wheels or cams, compound crossbows store and transfer energy more efficiently than recurves do.

COCKING EFFORT Able to produce more speed with less draw weight, compounds are usually easier to cock than recurves.

PROFILE Compounds have shorter limbs, making them easier to maneuver in close confines.

VARIETY Manufacturers make compound crossbows in a wide range of styles, draw weights, and prices. You can shop until you find the perfect bow to fit your budget.

DISADVANTAGES

MAINTENANCE Virtually every service needed on a compound crossbow (including changing the string) will require the use of a bow press. For the majority of hunters, that means a trip to the pro shop.

WEAR AND TEAR A compound has more moving parts, which means more can go wrong.

HANDLING Because there's more weight toward the limbs of a compound, some shooters find them front-heavy and less comfortable to hold and shoot. And when manufacturers want to increase the speed on a compound, they typically lengthen the barrel to increase the power stroke, which places even more weight away from the body of the shooter and makes the bow more cumbersome.

Users Review

From reader reviews:

Phillip Permenter:

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Donald Thomas:

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