



Supportive Therapy: A Psychodynamic Approach

By Lawrence H. Rockland

Download now

Read Online 

Supportive Therapy: A Psychodynamic Approach By Lawrence H. Rockland

The main goal of the therapy described here is to improve ego functions and adaptations rather than to explore unconscious conflicts. Thus, the emphasis is on strengthening reality testing, discouraging impulsivity, and clarifying confused thinking, while minimizing the regression and negative transference characteristic of exploratory therapy. In chapters richly illustrated with clinical material, the author details the strategies and rationales of this practice, covering such topics as transference and countertransference, resistance, working through, and the relationship between supportive therapy and psychopharmacology. Clinically sophisticated yet immensely practical, this valuable resource will enhance the skill and understanding of every therapist-student, clinician, or teacher-who practices supportive psychotherapy.

 [Download Supportive Therapy: A Psychodynamic Approach ...pdf](#)

 [Read Online Supportive Therapy: A Psychodynamic Approach ...pdf](#)

Supportive Therapy: A Psychodynamic Approach

By Lawrence H. Rockland

Supportive Therapy: A Psychodynamic Approach By Lawrence H. Rockland

The main goal of the therapy described here is to improve ego functions and adaptations rather than to explore unconscious conflicts. Thus, the emphasis is on strengthening reality testing, discouraging impulsivity, and clarifying confused thinking, while minimizing the regression and negative transference characteristic of exploratory therapy. In chapters richly illustrated with clinical material, the author details the strategies and rationales of this practice, covering such topics as transference and countertransference, resistance, working through, and the relationship between supportive therapy and psychopharmacology. Clinically sophisticated yet immensely practical, this valuable resource will enhance the skill and understanding of every therapist-student, clinician, or teacher-who practices supportive psychotherapy.

Supportive Therapy: A Psychodynamic Approach By Lawrence H. Rockland Bibliography

- Sales Rank: #1560806 in Books
- Published on: 2003-04-17
- Original language: English
- Number of items: 1
- Dimensions: 9.00" h x .73" w x 6.00" l, 1.06 pounds
- Binding: Paperback
- 320 pages

 [Download Supportive Therapy: A Psychodynamic Approach ...pdf](#)

 [Read Online Supportive Therapy: A Psychodynamic Approach ...pdf](#)

Download and Read Free Online Supportive Therapy: A Psychodynamic Approach By Lawrence H. Rockland

Editorial Review

About the Author

Lawrence H. Rockland is Associate Clinical Professor of Psychiatry, The New York Hospital-Cornell Medical Center, Westchester Division.

Users Review

From reader reviews:

Jordan Sena:

The book Supportive Therapy: A Psychodynamic Approach can give more knowledge and also the precise product information about everything you want. So why must we leave the good thing like a book Supportive Therapy: A Psychodynamic Approach? Wide variety you have a different opinion about book. But one aim which book can give many data for us. It is absolutely appropriate. Right now, try to closer with the book. Knowledge or info that you take for that, you are able to give for each other; you could share all of these. Book Supportive Therapy: A Psychodynamic Approach has simple shape but you know: it has great and large function for you. You can appear the enormous world by open and read a e-book. So it is very wonderful.

Teresa Brown:

Supportive Therapy: A Psychodynamic Approach can be one of your nice books that are good idea. Many of us recommend that straight away because this book has good vocabulary that may increase your knowledge in vocab, easy to understand, bit entertaining but nonetheless delivering the information. The author giving his/her effort to set every word into delight arrangement in writing Supportive Therapy: A Psychodynamic Approach yet doesn't forget the main position, giving the reader the hottest and based confirm resource data that maybe you can be among it. This great information can drawn you into completely new stage of crucial imagining.

John Hill:

As we know that book is vital thing to add our know-how for everything. By a reserve we can know everything we really wish for. A book is a set of written, printed, illustrated or even blank sheet. Every year seemed to be exactly added. This guide Supportive Therapy: A Psychodynamic Approach was filled with regards to science. Spend your spare time to add your knowledge about your scientific disciplines competence. Some people has diverse feel when they reading some sort of book. If you know how big good thing about a book, you can sense enjoy to read a e-book. In the modern era like currently, many ways to get book which you wanted.

Thelma Cobb:

A number of people said that they feel weary when they reading a guide. They are directly felt the idea when they get a half areas of the book. You can choose typically the book Supportive Therapy: A Psychodynamic Approach to make your current reading is interesting. Your skill of reading skill is developing when you such as reading. Try to choose basic book to make you enjoy to read it and mingle the idea about book and looking at especially. It is to be 1st opinion for you to like to start a book and read it. Beside that the publication Supportive Therapy: A Psychodynamic Approach can to be a newly purchased friend when you're experience alone and confuse in what must you're doing of the time.

Download and Read Online Supportive Therapy: A Psychodynamic Approach By Lawrence H. Rockland #2AQRKF06YOH

Read Supportive Therapy: A Psychodynamic Approach By Lawrence H. Rockland for online ebook

Supportive Therapy: A Psychodynamic Approach By Lawrence H. Rockland Free PDF d0wnl0ad, audio books, books to read, good books to read, cheap books, good books, online books, books online, book reviews epub, read books online, books to read online, online library, greatbooks to read, PDF best books to read, top books to read Supportive Therapy: A Psychodynamic Approach By Lawrence H. Rockland books to read online.

Online Supportive Therapy: A Psychodynamic Approach By Lawrence H. Rockland ebook PDF download

Supportive Therapy: A Psychodynamic Approach By Lawrence H. Rockland Doc

Supportive Therapy: A Psychodynamic Approach By Lawrence H. Rockland MobiPocket

Supportive Therapy: A Psychodynamic Approach By Lawrence H. Rockland EPub

2AQRKF06YOH: Supportive Therapy: A Psychodynamic Approach By Lawrence H. Rockland