



A Woman's Body Balanced By Nature: Great health for the rest of your life

By Janet Maccaro PhD CNC

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Editorial Review

About the Author

Janet Maccaro, PhD, CNC, is a respected lecturer, author, and radio/television personality. She has doctorates in nutrition and natural healing and is also a leading expert in natural progesterone supplementation. She is internationally recognized for her knowledge in women's health. Maccaro is a member of the American Association of Nutritional Consultants, the American Association of Pharmaceutical Scientists, and the Advanced Writers and Speakers Association. Dr. Maccaro has written four other books: 90-Day Immune System Makeover, Breaking the Grip of Dangerous Emotions, Midlife Meltdown, and Natural Health Remedies.

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