



El guerrero espiritual: El arte de vivir con espiritualidad (Spanish Edition)

By John-Roger

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In describing how to become a spiritual warrior—someone who counters negative habits and destructive relationships by changing patterns and living in conscious alignment with the soul—this essential handbook teaches how to battle the distractions and anxieties of modern life; how to master relationships, fear, and addictions; and how to create abundance and love through intention, impeccability, and ruthlessness. A practical journal of spiritual convergence for the spiritual warrior is also included.

Describiendo como convertirse en un guerrero espiritual—alguien que contrarresta hábitos negativos y relaciones destructivas a través de cambiar patrones y viviendo en alineación consciente con el alma—esta guía esencial enseña como luchar contra las distracciones y ansiedades de la vida moderna; como dominar relaciones, temores y adicciones; y como crear abundancia y amor con intención, impecabilidad e inquebrantable determinación. También se incluye un diario práctico de convergencia espiritual para el guerrero espiritual.

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Editorial Review

Review

"If everyone in the world read this book, this world would be a much better place. John-Roger is truly an inspiration and this book touched my heart and soul." —Paris Hilton

"Spiritual Warrior . . . quite literally changed my life. It taught me how to live from my heart, from my soul and in a way that is more abundant and joyful than I could ever have possibly imagined." —Jaime King-Newman, actress

"Spiritual Warrior . . . show[ed] me an insight and clarity into a world that so often seems imbalanced. This book was the start towards a life of self-discovery and knowledge of manifestation." —Selma Blaire, actress

About the Author

John-Roger

is the founder of the Church of the Movement of Spiritual Awareness. He has appeared on numerous radio and television shows and has been a featured guest on *Larry King Live*. He is the author and coauthor of more than 36 spiritual and self-help books and audio albums, including *The Rest of Your Life* and *The New York Times* bestsellers *Do It! Let's Get Off Our Butts* and *Life 101*. He lives in Los Angeles.

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