



# Understanding Schemas and Emotion in Early Childhood

*By Cath Arnold*

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**Understanding Schemas and Emotion in Early Childhood** makes explicit connections between young children's spontaneous repeated actions and their representations of their emotional worlds. Drawing on the literature on schemas, attachment theory and family contexts, the author takes schema theory into the territory of the emotions, making it relevant to the social and emotional development strand in early childhood education.

Based on research carried out alongside children, parents, workers and co-researchers at the world-famous Pen Green Nursery, and using case studies of a small number of individual children, the author shows new links between cognition and affect. The book includes a brief summary of a method of Child Study, using video and reflections on video sequences.

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'Interesting and valuable..This book will be of great interest to all students and early years practitioners interested in understanding more about the nature of young children's play, learning and development' -

**Early Years Update**

'The book will prove useful for students in levels 1 and 2 of an undergraduate Early Childhood Studies Degree and to their lecturers.The concept of differing schemas can prove difficult for some students to grasp; I believe this book will provide all the real world examples necessary to enhance their understanding'

**The Psychology of Education**

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