



# The Bilingual Counselor's Guide to Spanish: Basic Vocabulary and Interventions for the Non-Spanish Speaker

By Roberto Swazo

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Designed specifically with mental health professionals in mind, *The Bilingual Counselor's Guide to Spanish* is perfect for counselors interested in expanding their client base and language skill set. Featuring terminology and cultural phrases specific to the mental health profession, this text offers an easy introduction to both the Spanish language and interfacing with Spanish-speaking clients in a counseling setting. Sections of useful and practical vocabulary are followed by *¡Practique!* sections, which enable the reader to put his or her developing skills to use. These sections are augmented by case studies in English and Spanish, as well as brief overviews of Latino history, customs, and social manners that will greatly enhance any counselor's depth of interaction with Spanish-speaking clients. For counselors who want to communicate with the large and rapidly expanding population of Spanish speakers in the United States, or for those who are simply interested in developing or improving their Spanish-language skills, *The Bilingual Counselor's Guide to Spanish* is the place to start.

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## Editorial Review

### Review

"At last, a multicultural text that goes beyond awareness and knowledge to actual skills development in counseling with Spanish speaking clients! This book will help counselors both walk the walk *and* talk the talk."

?Courtland C. Lee, PhD, department of counseling, higher education and special education, University of Maryland and past president of ACA

"Dr. Swazo has written a superb guide to help bilingual counselors working in a range of settings to deliver better services in Spanish. From greetings, to intake interview and follow up, Dr. Swazo offers culturally relevant Spanish expressions, meaningful practice sessions, and illustrative case examples. This book is a must-read for practitioners at all levels of their cultural competency and cultural humility development who are interested in or currently serving the Latin population in the U.S."

?Andrés J. Consoli, PhD, department of counseling, San Francisco State University and visiting professor, Universidad del Valle, Guatemala City, Guatemala

"Learning the language and culture of today's Latino/Hispanic clientele is essential for contemporary clinical practice. Dr. Swazo provides practical and common-sense strategies to understand and speak Spanish, augmented by specific examples of phrases frequently used in the clinical setting and a back story of Latino/Hispanic culture that contributes to multicultural competency. An essential book for clinicians wanting to develop culturally sensitive bilingual skills!"

?Bruce Dykeman, PhD, associate professor of counseling, Roosevelt University

"*The Bilingual Counselor's Guide to Spanish* is well written, readable, and insightful. It should be required reading for any professional in a counseling or health field who has contact with Spanish-speaking or Hispanic clients."

– James P. Choca, PhD, professor and chair of psychology, Roosevelt University

"Once again Dr. Roberto Swazo is leading the way to the enhancement of multicultural counseling. Through these pages he brilliantly intertwines theory, experience and practice, offering a gem that will contribute significantly to mental-health services that are culturally relevant and respectful to the Hispanic/Latino community?particularly those that have Spanish as their dominant language. This book is a masterful resource that should join the libraries and desks of those who are committed to the wellness of Latino/as."

?Maria del Pilar Grazioso, PhD, director, masters program in counseling psychology and mental health, Universidad del Valle de Guatemala

## About the Author

**Roberto Swazo**, PhD, is an associate professor and coordinator of the counselor education program at Florida Agricultural and Mechanical University in Tallahassee, Florida. In addition to teaching, Dr. Swazo is a frequent speaker at professional conferences, and conducts workshops throughout the United States and abroad on multicultural issues and psychobilingual training for schools and mental health agencies. He is the author of *Fantasías e ilusiones desde el exilio* (*Fantasies and Illusions from the Exile*) and co-author of *Assessment and Intervention with Children and Adolescents: Developmental and Multicultural Approaches*.

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Playing with family in the park, coming to see the sea world or hanging out with good friends is thing that usually you will have done when you have spare time, then why you don't try point that really opposite from that. 1 activity that make you not sensation tired but still relaxing, trilling like on roller coaster you already been ride on and with addition of information. Even you love The Bilingual Counselor's Guide to Spanish: Basic Vocabulary and Interventions for the Non-Spanish Speaker, you may enjoy both. It is good combination right, you still wish to miss it? What kind of hangout type is it? Oh come on its mind hangout men. What? Still don't obtain it, oh come on its known as reading friends.

#### **Muriel Carpenter:**

This The Bilingual Counselor's Guide to Spanish: Basic Vocabulary and Interventions for the Non-Spanish Speaker is great guide for you because the content that is certainly full of information for you who all always deal with world and possess to make decision every minute. This book reveal it details accurately using great arrange word or we can declare no rambling sentences within it. So if you are read the item hurriedly you can have whole information in it. Doesn't mean it only provides straight forward sentences but tricky core information with wonderful delivering sentences. Having The Bilingual Counselor's Guide to Spanish: Basic Vocabulary and Interventions for the Non-Spanish Speaker in your hand like getting the world in your arm, data in it is not ridiculous a single. We can say that no guide that offer you world within ten or fifteen tiny right but this publication already do that. So , this is good reading book. Hello Mr. and Mrs. active do you still doubt this?

#### **Debra Unger:**

In this period of time globalization it is important to someone to get information. The information will make anyone to understand the condition of the world. The condition of the world makes the information much easier to share. You can find a lot of recommendations to get information example: internet, classifieds, book, and soon. You can view that now, a lot of publisher this print many kinds of book. The book that recommended to you is The Bilingual Counselor's Guide to Spanish: Basic Vocabulary and Interventions for the Non-Spanish Speaker this reserve consist a lot of the information in the condition of this world now. This specific book was represented how can the world has grown up. The dialect styles that writer use to explain it is easy to understand. Typically the writer made some study when he makes this book. Here is why this

book ideal all of you.

**Ruth Paiz:**

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